

THIRSK 10

Wheelchair race.

March 25th 2012

Start Times – Fun Run - 10.00 a.m. : Thirsk 10 - 11.00 a.m.

Wheelchairs - 10.50 am

Incorporating the 2012 Yorkshire Veterans Championships

T Shirt to all finishers of 10 mile race.

1st prize £150 for male and female winners

Plus £250 prize for the first finisher under 48.32 minutes and 1st female under 58.27 minutes

Prizes for First 10 Males, First 10 Females

Team prizes 1st, 2nd and 3rd -dependent on entries (4 to count)

First three male vets over 40; 45; 50; 55; 60; 65; 70; First three female vets over 35; 40; 45; 50; 55, 60; 65; 70

Yorkshire Veterans Championships

Men.V35, V40, V45, V50,V55,V60,1st. 3 in each category V65, V70 First 2, First V70 Only.

Women.V35,V40,V45,V50,1st. 3 each category V55, First 2, V60,V65,V70 First Only.

Pre entry only for YVAA Championship

Prize money depends on number of race entries received by closing date.

ALL ENTRANTS IN 10 MILE RACE MUST BE 16 YEARS OR OLDER ON 20th March 2012

Parental or Guardian permission must be given to all runners under 18 years old on race day.

Entry Fee: 10Mile: Attached £14.00 Unattached £16.00 Fun Run £4.00

Entries on the day permitted up to 10.15 a.m. Do qualify for prizes.

Closing Date 11th. March 2012

For safety reasons NO DOGS (Except Guide)

Enter on-line at ukforms.net - Preferred Method

**Postal Entries to E.Huck, Village Farm Cottage, Cherry Tree Avenue,
Newton on Ouse, York, YO30 2BN.**

Please enclose A5 SAE. No Envelope no entry.

Cheques payable to Thirsk & Sowerby Harriers.

Surname First Name

Address

Post Code

e-mail Telephone No.

Date of Birth Age on Race Day Male / Female (Delete)

Club uka Number

Fee Enclosed: - 10 mile: attached £14.00, unattached £16.00.

Declaration – Please enter me for the race as indicated above. I agree that the race organisers will in no way be held responsible for any injury or damage caused to me during the course of the run, and that I am fit and healthy to run.

www.thirsk&sowerbyharriers.co.uk

In the unlikely event of the race being cancelled, entry fees will not be refunded.